

THE BEAR STANDARD

House of Bears | Levidian Order

"We do not rise to be seen. We rise to shield."

YOUR BEAR NAME (Optional)

Choose a name, alias, or title that reflects your protective spirit, emotional strength, or rooted power:

-> _____

MY 3 PROTECTIVE PILLARS (What I Hold Sacred)

I stand firm in:

THE GUARDIAN REFLECTION

"Someone or something I will protect no matter what is..."

-> _____

"My emotional strength shows when..."

-> _____

"To honour my calm power today, I will..."

-> _____

MY BEAR OATH

"I do not rise to be seen.

I rise to shield what others overlook.

I do not shout to be heard. I move so truth can rest.

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My strength is quiet. My love is guarded.

I protect. I endure. I am a bear."

ONE GROUNDED OR PROTECTIVE ACT I WILL TAKE THIS WEEK

This act honours my emotional clarity, protective instinct, or sacred space:

-> _____

OPTIONAL (FOR COMMUNITY SHARING):

Sign it

Date it

Post a visual or voice note reflecting your Standard

Use tag: #BearStandard #HouseOfBears #LevidianOrder