

THE SWAN STANDARD

House of Swans | Levidian Order

"We do not shout to be heard. We move so the world must listen."

YOUR SWAN NAME (Optional)

Choose a name, alias, or title that reflects your essence and calm power:

-> _____

MY 3 INNER PILLARS (Values I Refuse to Compromise)

I flow through life guided by:

THE STILLNESS REFLECTION

"One truth I know but often hide is..."

-> _____

"I've been strongest when I..."

-> _____

"To move with grace today means I will..."

-> _____

MY SWAN OATH

"I will not chase noise to be seen.

I will not betray myself to be accepted.

I honour what I sense. I protect what I feel.

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Stillness is my strength. Grace is my rebellion."

ONE SMALL, POWERFUL ACT I WILL TAKE THIS WEEK

This act honours my stillness, intuition, or discernment:

-> _____

OPTIONAL (FOR COMMUNITY SHARING):

Sign it

Date it

Post a visual or voice note reflecting your Standard

Use tag: #SwanStandard #HouseOfSwans #LevidianOrder